

SCANDIA FAMILY DENTAL

Pain Management Protocol

To best control your pain take the Tylenol and Ibuprofen every 6-8 hours each day.

Make sure to wait 1-2 hours between the Tylenol and Ibuprofen.

The above-mentioned regimen is to be used only for pain management and followed by the relevant action.

Tylenol	Take both regularly
Ibuprofen	

DAY 1

Time Taken **Tylenol**
(2 pills, 500 mg each)

Wait 1-2 hours

Time Taken **Ibuprofen (Motrin, Advil)**
(1 pill, 600 mg or as prescribed)

Wait 6-8 hours from last Tylenol

Time Taken **Tylenol**
(2 pills, 500 mg each)

Wait 1-2 hours

Time Taken **Ibuprofen (Motrin, Advil)**
(1 pill, 600 mg or as prescribed)

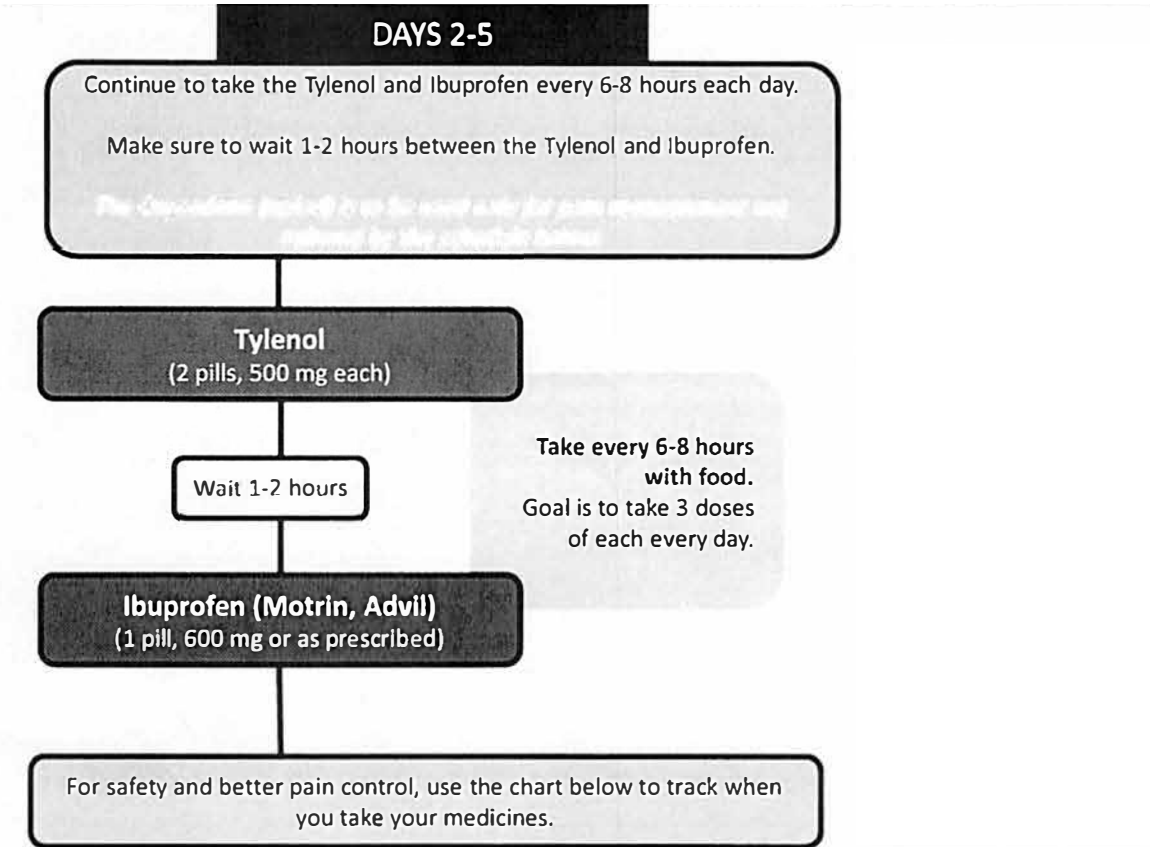
Continue above regimen all day.
DO NOT exceed 3200 mg Ibuprofen and 4000 mg Tylenol

Other Instructions:

Time Taken	Tylenol	Time Taken	Tylenol
Time Taken	Ibuprofen	Time Taken	Ibuprofen

Taking medications with food and drinking plenty of fluids is recommended.
See next page for Days 2-5

For questions or concerns, please call Scandia Family Dental at 651-433-2655



DAY 2

Tylenol	Ibuprofen
Time Taken	Time Taken
Time Taken	Time Taken
Time Taken	Time Taken
Time Taken	Time Taken