

SCANDIA FAMILY DENTAL

Pain Management Protocol

To best control your pain take the Tylenol and Ibuprofen every 6-8 hours each day.

Make sure to wait 1-2 hours between the Tylenol and Ibuprofen.

The dosage and timing of this protocol is for pain management and should be followed by the patient's doctor.

Tylenol

Take both regularly

Ibuprofen

DAY 1

Time Taken

Tylenol
(2 pills, 500 mg each)

Wait 1-2 hours

Time Taken

Ibuprofen (Motrin, Advil)
(1 pill, 600 mg or as prescribed)

Wait 6-8 hours from last Tylenol

Time Taken

Tylenol
(2 pills, 500 mg each)

Wait 1-2 hours

Time Taken

Ibuprofen (Motrin, Advil)
(1 pill, 600 mg or as prescribed)

Continue above regimen all day.
DO NOT exceed 3200 mg Ibuprofen and 4000 mg Tylenol

Other Instructions:

Time Taken

Tylenol

Time Taken

Tylenol

Time Taken

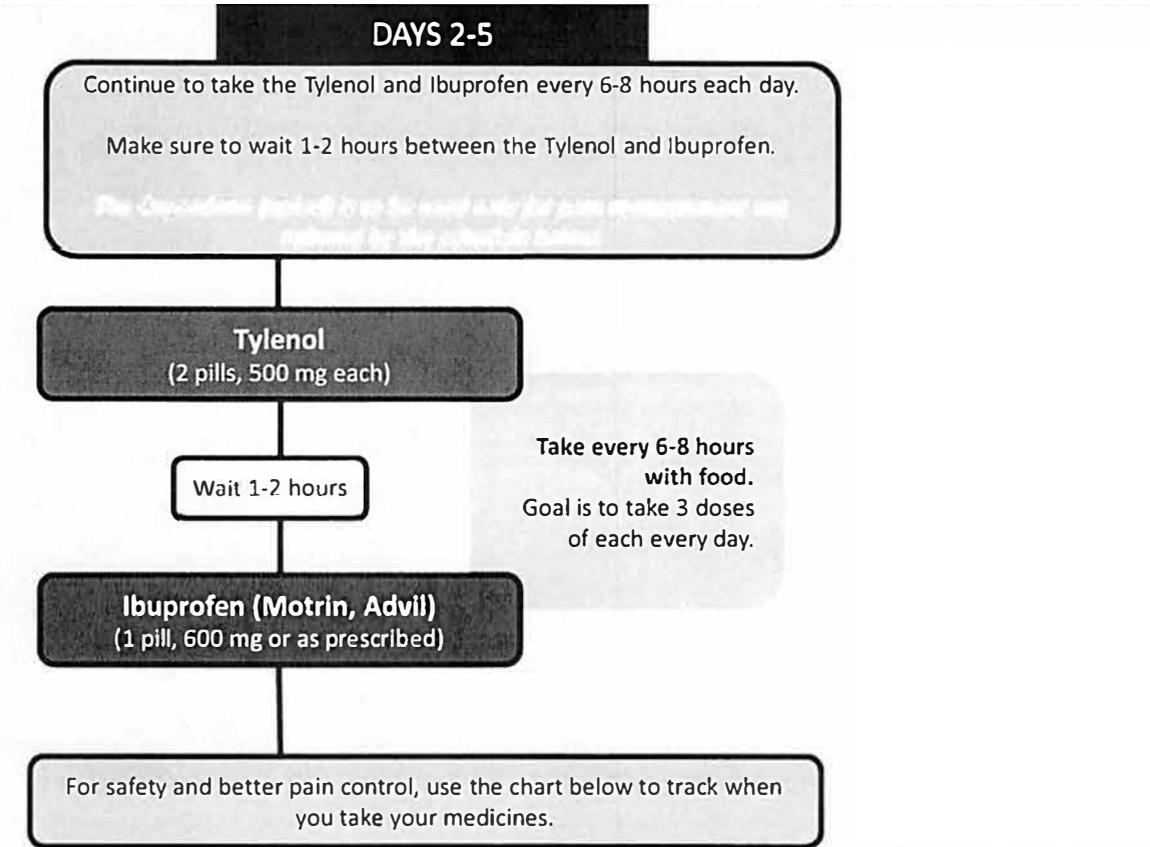
Ibuprofen

Time Taken

Ibuprofen

Taking medications with food and drinking plenty of fluids is recommended.
See next page for Days 2-5

For questions or concerns, please call Scandia Family Dental at 651-433-2655



DAY 2

Tylenol	Ibuprofen
Time Taken	Time Taken
Time Taken	Time Taken
Time Taken	Time Taken
Time Taken	Time Taken